



**Ards Friary**  
**Retreat and Conference Centre**  
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## **ARDS FRIARY**

# **RETREAT AND CONFERENCE CENTRE**

Ards Friary is a Capuchin Franciscan spiritual centre set in 200 acres of scenic grounds on the edge of the beach. It is a place where you can find peace and quiet in surroundings of natural beauty.

We offer individual and group retreats along with days of recollection and summer holidays. We also provide conferencing facilities for lectures and talks. For the hiker or walker, we offer Donegal's mountains on your doorstep, with facilities of a large drying room and loads of hot water. For the surfer, plenty of waves and for the Golfer, many links courses nearby.

With our coffee shop offering delicious cappuccini and a gift shop to browse and buy, why not make Ards Friary a place to stay this year. Whatever the nature of your visit, you are all most welcome.